

# Immediate Help & Treatment Resources

## Hotlines

### 988 Suicide and Crisis Lifeline

At the 988 Suicide and Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

Call 988

<https://988lifeline.org/>

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### Veterans Crisis Line

Dial 988 then press 1

<https://www.veteranscrisisline.net/>

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### SAMHSA National Helpline

SAMHSA's National Helpline is a free, confidential, 24/7, 365 day a year treatment referral and information service in English and Spanish for individuals and families facing mental health or substance use disorders.

Call 1-800-662-HELP (4357)

<https://www.samhsa.gov/find-help/helplines/national-helpline>

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### Hunger Hotline

Call 1-866-3-HUNGRY or 1-877-8-HAMBRE for assistance and information on local food resources.

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### Domestic Violence Helpline

Call 1.800.799.SAFE (7233)

<https://www.thehotline.org/>

Domestic Violence Services for Children

<https://www.centerffs.org/our-services/trauma-victim-response/domestic-violence-services-children>

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### NAMI Mental Health Support Helpline

Call 1-800-950-NAMI (6264)

<https://www.nami.org/support-education/nami-helpline/>

<https://www.nami.org/program/nami-connection/>

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## **Veteran Mental Health Support**

<https://veteranaddiction.org/mental-health/>

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## **Mental Health Walk-In Clinics**

### **Oaks Integrated Mental Health Urgent Care**

128 Berlin Cross Keys Rd, Berlin, NJ 08009

Phone 856-210-1500

### **Gloucester County Prevention Program, Acenda**

With services ranging from mental health and crisis services, parenting support, family-focused therapy, recovery and residential programming, Acenda serves children, families, and individuals throughout our communities.

<https://acendahealth.org/programs/gloucester-county-prevention-program>

### **Cooper Center for Healing**

Walk-in hours Monday through Friday, 1 PM to 4 PM

800 Cooper Street, 4th Floor, Camden, NJ 08102

Phone 856.342.3040

<https://www.cooperhealth.org/services/center-healing>

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## **SAMHSA Drug-Free Workplace Helpline**

Provides confidential, practical, impartial, and up-to-date information and support to employees and families regarding substance misuse and drug testing.

Call 1-800-WORKPLACE (967-5752)

<https://www.samhsa.gov/substance-use/drug-free-workplace/about#dwp-helpline>

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## **Disaster Distress Helpline**

National hotline providing year round disaster crisis counseling. Available 24/7.

Call or text 1-800-985-5990

<https://www.samhsa.gov/find-help/helplines/disaster-distress-helpline>

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## **Treatment Locators**

### **FindTreatment.gov**

<https://findtreatment.gov/>

### **Buprenorphine Practitioner Locator**

<https://www.samhsa.gov/substance-use/treatment/find-treatment/buprenorphine-practitioner-locator>

### **Opioid Treatment Program Directory**

<https://dpt2.samhsa.gov/treatment/>

### **Early Serious Mental Illness Treatment Locator**

<https://www.samhsa.gov/find-help/locators/esmi>

**Free Drug and Alcohol Rehab for Veterans**

<https://veteranaddiction.org/paying-for-rehab/insurance-benefits/free-rehab/>

**Veteran Mental Health Support**

<https://veteranaddiction.org/mental-health/>

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## **Drug Rehabs That Accept Medicaid in South New Jersey**

**Pyramid Healthcare**

600 S White Horse Pike, Hammonton, NJ 08037

Call 866-416-1238

<https://www.pyramid-healthcare.com/location/nj/hammonton/>

**Maryville Integrated Care**

1903 Grant Ave, Williamstown, NJ 08094

Call 855-823-3428

<https://www.maryvillenj.org/>

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## **Housing Resources**

Chain Breakers provides trusted housing resources including sober living homes, Oxford Houses, long-term treatment programs, and local shelters to help individuals find safe, stable environments for recovery and rebuilding.

### **Sober Living**

**Oxford Houses**

<https://oxfordvacancies.com/>

Mens Oxford House, Melrose Ave, Blackwood

Phone 856-362-0510

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### **Long-Term Sober Living Programs**

**Freedom Homes in Millville, NJ**

<https://freedomhomesmillville.org/>

**America's Keswick**

Phone 732-782-1632

<https://americakeswick.org/>

**Mission Teens**

<https://www.missionteensnorma.com/>

**Teen Challenge**

Phone 866-563-0497

<https://teenchallenge.cc/>

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## **Homeless Shelters and Emergency Housing**

### **Mother-Child Residential Services**

<https://www.centerffs.org/our-services/safe-supportive-housing/mother-child>

Temporary housing for mothers experiencing homelessness including shelter, counseling, parenting education, and transitional housing support.

### **Center for Family Services**

Call 877-922-2377

<https://www.centerffs.org/programs/all>

### **Emergency Housing, Volunteers of America Delaware Valley**

Call 856-854-4660

<https://www.voadv.org/locations/emergency-housing/>

### **Catholic Charities Housing Stabilization Program**

<https://catholiccharitiessouthjersey.org/housing/>

### **Family Promise of Southwest NJ**

<https://familypromiseswnj.org/>

### **The Family Success Center in Woodbury**

21 Delaware St, Woodbury, NJ 08096

Phone 856-848-7150

Lauren Bunn, Supervising Family Service Specialist II

Gloucester West Local Office

215 Crown Point Road, Suite 400, West Deptford, NJ 08086

Phone 856-683-6300

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## **Food Banks and Food Support**

### **Food Bank of South Jersey**

<https://foodbanksj.org/>

### **Catholic Charities Diocese of Camden**

<https://catholiccharitiesny.org/what-we-do/food/>

### **Community Care Food and Clothing Pantry**

238 Sicklerville Road, Sicklerville, NJ 08081

<https://www.foodpantrynj.org/>

### **FoodFinder**

<https://foodfinder.us/>

Hunger Hotline

Call 1-866-3-HUNGRY or 1-877-8-HAMBRE

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# **Soup Kitchens and Meal Programs**

**Feeding America**

Phone 1-800-771-2303

<https://give.feedingamerica.org/>

# Find A Meeting For Children & Families of Addicts

Helping children, youth, and families find support, healing, and connection through trusted recovery meetings, counseling services, and mental health resources.

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## Family Support Meetings

### Al-Anon Support Meetings

Support meetings for family members and loved ones affected by alcoholism.

<https://al-anon.org/newcomers/teen-corner-alateen/>

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### Nar-Anon Support Meetings

Support groups for family members and friends of individuals struggling with addiction.

<https://www.nar-anon.org/find-a-meeting>

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## Youth Support Meetings

### Narateen Meetings

Support meetings designed for youth affected by addiction within their families.

<https://www.nar-anon.org/find-a-narateen-meeting>

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### Alateen Meetings

Peer support groups for young people impacted by someone else's alcohol use.

<https://al-anon.org/newcomers/teen-corner-alateen/>

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### ACA Support Meetings

Adult Children of Alcoholics and Dysfunctional Families support meetings.

<https://adultchildren.org/virtual-meetings-calendar/>

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# **Mental Health Support**

## **NAMI Connection Support Groups**

National Alliance on Mental Illness peer-led support groups for individuals and families seeking mental health support.

<https://www.nami.org/program/nami-connection/>

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## **Family Counseling and Support Services**

### **Center For Family Services**

Comprehensive counseling and support programs for families, children, and individuals.

Phone: 877.922.2377

<https://www.centerffs.org/programs/all>

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### **Domestic Violence Counseling Services for Children**

Specialized counseling services designed to support children and teens impacted by domestic violence.

Phone: 877.922.2377

E-Mail: [access@centerffs.org](mailto:access@centerffs.org)

<https://www.centerffs.org/our-services/trauma-victim-response/domestic-violence-services-children>

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## **Local Prevention and Healing Programs**

### **Gloucester County Prevention Program – Acenda**

Mental health services, parenting support, family-focused therapy, recovery programs, and community-based support.

<https://acendahealth.org/programs/gloucester-county-prevention-program>

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### **Cooper Center for Healing**

Walk-in mental health support and counseling services.

Hours: Monday through Friday, 1 PM to 4 PM

Address: 800 Cooper Street, 4th Floor, Camden, NJ 08102

Phone: 856.342.3040

<https://www.cooperhealth.org/services/center-healing>

# Find A Meeting For Children & Families

Helping children, youth and families find support, healing and connection.

Chain Breakers Recovery believes addiction impacts more than individuals. It affects families, children and entire communities. This guide connects you with trusted meetings, mental health resources and local support services designed to promote healing, stability and recovery for youth and families.

Whether you are seeking help for yourself, your child or someone you love, these resources provide safe and supportive environments where recovery can begin.

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## Support Meetings for Youth

### Narateen Support Meetings

Support groups for youth affected by addiction within their families. These meetings provide a safe space for young people to share experiences, build resilience and find support from others who understand.

<https://www.nar-anon.org/find-a-narateen-meeting>

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### Alateen Support Meetings

Support for teens impacted by alcoholism in the family. Alateen meetings help young people learn healthy coping skills while connecting with peers facing similar challenges.

<https://al-anon.org/newcomers/teen-corner-alateen/>

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## Support Meetings for Families

### Al-Anon Support Meetings

Peer support groups for family members and loved ones of individuals struggling with alcoholism. Meetings focus on healing, understanding and learning how to support recovery while caring for yourself.

<https://al-anon.org/newcomers/teen-corner-alateen/>

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### Nar-Anon Family Groups

Support for families and friends affected by addiction. Nar-Anon provides guidance, encouragement and community connection for those navigating the challenges of loving someone in recovery.

<https://www.nar-anon.org/find-a-meeting>

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## **Local Community Support Services**

### **Gloucester County Prevention Program, Acenda**

Services include mental health support, crisis services, parenting support, family-focused therapy, recovery services and residential programming for children, families and individuals across our communities.

<https://acendahealth.org/programs/gloucester-county-prevention-program>

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### **Cooper Center for Healing**

Walk-in mental health support available.

Monday to Friday, 1:00 PM to 4:00 PM

800 Cooper Street, 4th Floor

Camden, NJ 08102

Phone: 856.342.3040

<https://www.cooperhealth.org/services/center-healing>

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## **Mental Health Support and Peer Meetings**

### **NAMI Connection, National Alliance on Mental Illness**

Peer-led mental health support groups for individuals seeking connection, encouragement and understanding.

<https://www.nami.org/program/nami-connection/>

# Find A Meeting For Veterans

Supporting veterans in recovery through connection, resources, and hope. These trusted organizations provide recovery meetings, crisis support, mental health resources, and treatment options specifically for veterans and their families.

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## Find A Veteran Recovery Meeting

### Veterans Recovery Meetings

Recovery meetings designed specifically for veterans seeking connection, support, and understanding from others with shared experiences.

<https://www.safeproject.us/veterans/recovery-meetings/#Reminder>

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## Immediate Crisis Support

### Veterans Crisis Line

If you or someone you know is in crisis, confidential support is available 24 hours a day.

Dial **988**, then press **1**

<https://www.veteranscrisisline.net/>

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## Mental Health Support For Veterans

### Veteran Mental Health Support Resources

Guidance, education, and support resources focused on mental health challenges faced by veterans.

<https://veteranaddiction.org/mental-health/>

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## Treatment and Recovery Programs

### Free Drug and Alcohol Rehab For Veterans

Information on treatment options, insurance coverage, and programs available to help veterans access recovery services.

<https://veteranaddiction.org/paying-for-rehab/insurance-benefits/free-rehab/>

# Find A Meeting

## Recovery Meetings

**Find An Alcoholics Anonymous Meeting**

<https://www.aa.org/find-aa>

**Find A Narcotics Anonymous Meeting**

<https://na.org/meetingsearch/>

**Find A Gamblers Anonymous Meeting**

<https://gamblersanonymous.org/usa-meetings/>

**Find An Overeaters Anonymous Meeting**

<https://oa.org/find-a-meeting/>

**Find A Sex and Love Addicts Anonymous Meeting**

<https://slaafws.org/meetings/>

**Find An Eating Disorders Anonymous Meeting**

<https://eatingdisordersanonymous.org/meetings/>

**Find A Chain Breakers Recovery Meeting**

Link to our page

**Find A Chain Breakers Recovery Ministry**

Link to our page

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## Virtual Meetings

**Mental Health Support Virtual Meetings, NAMI Connection**

<https://www.nami.org/program/nami-connection/>

**Virtual Veterans Recovery Meetings**

<https://www.safeproject.us/veterans/recovery-meetings/#Reminder>

**Adult Children of Alcoholics and Dysfunctional Families Virtual Meetings**

<https://adultchildren.org/virtual-meetings-calendar/>

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## Veterans Recovery Meetings

**Veterans Recovery Meetings**

<https://www.safeproject.us/veterans/recovery-meetings/#Reminder>

Link to Community Care Veterans page

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## **Meetings For Children and Families**

### **Al-Anon Meetings**

<https://al-anon.org/newcomers/teen-corner-alateen/>

### **Nar-Anon Meetings**

<https://www.nar-anon.org/find-a-meeting>

### **Narateen Meetings**

<https://www.nar-anon.org/find-a-narateen-meeting>

### **Alateen Meetings**

<https://al-anon.org/newcomers/teen-corner-alateen/>

### **Adult Children of Alcoholics and Dysfunctional Families Meetings**

<https://adultchildren.org/virtual-meetings-calendar/>

Link to Community Care Children and Families page

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## **Mental Health Support Meetings**

### **NAMI Connection, National Alliance on Mental Illness**

<https://www.nami.org/program/nami-connection/>