

Soup Kitchens

Numerous soup kitchens and hot meal programs operate across New Jersey, often managed by regional food banks like [CFBNJ](#), [Fulfill](#), and the [Food Bank of South Jersey](#). Key locations include [Nourish NJ](#) in Morristown, Table of Hope, and various Salvation Army centers. Always call ahead to confirm hours, as schedules frequently change.

Soup Kitchens

- **Feeding America:** This is a major network of food banks. Go to [Feeding America's website](#) and enter your zip code to find food assistance, including soup kitchens, pantries, and meal programs. tel: 1-800-771-2303
https://give.feedingamerica.org/SnP--N8F9EuA8LGYOYW0eg2?source=Y25YPCE1Z&utm_medium=cpc&utm_source=paid&utm_term=gift&utm_content=google&utm_campaign=evergreen&gclid=aw.ds&gad_source=1&gad_campaignid=22918648049&gbraid=0AAAAADtyHrWy2BITaP2HTe900KFknqz3e&qclid=Ci0KCQiA5uDIBhDAARisAOxi0CFNhYIWQGNTTov8chDQa2yhUbahnrhIN3KTv0QF-_mcKATjiREior0aAq6tEALw_wcB

Regional Soup Kitchens & Meal Programs

- **Northern/Central NJ (CFBNJ):** Serves 11 counties; text "FindFood" to 908-224-7776 for locations.
- **Monmouth/Ocean Counties (Fulfill):**
 - First United Methodist Pantry: 906 Grand Ave, Asbury Park (1st Sat 9am-1pm).
 - FPC Food Outreach: 142 Oxonia Ave, Neptune (Saturdays 12pm-2pm).
 - Salvation Army - Elizabeth: 1025 Dickinson St, Elizabeth (Soup kitchen last 10 days of the month).
- **South Jersey (Food Bank of South Jersey):**
 - Camden Rescue Mission: 1634 Broadway, Camden (M-F 8am-5pm).
 - Grace Episcopal Church: 7 East Maple Ave, Merchantville (Wed 12pm-2pm).
 - Pauline B. Grant Community CME: 293 Fort Dix Rd, Pemberton (2nd Sat 10am).
- **Morris County (Nourish NJ):**
 - Morristown: 36 Sussex Ave (Mon-Fri 9am-1pm, Sat-Sun 11am-1pm).

- Victory Gardens: 347 South Salem St (Mon-Fri 7am-4pm).
- Table of Hope: Bethel Church, Morristown (Mon-Fri 5:30pm-7pm). [NJ.gov +5](#)

Finding Local Assistance

For the most accurate and up-to-date list, you can:

- Call 2-1-1: New Jersey's hotline to find the nearest food pantry or soup kitchen.
- [CFBNJ Finder](#): Use the online locator to find sites by zip code.
- [Fulfill NJ](#): Check the Fulfill website for Ocean/Monmouth locations