

Find A Meeting For Children & Families

Helping children, youth and families find support, healing and connection.

Chain Breakers Recovery believes addiction impacts more than individuals. It affects families, children and entire communities. This guide connects you with trusted meetings, mental health resources and local support services designed to promote healing, stability and recovery for youth and families.

Whether you are seeking help for yourself, your child or someone you love, these resources provide safe and supportive environments where recovery can begin.

Support Meetings for Youth

Narateen Support Meetings

Support groups for youth affected by addiction within their families. These meetings provide a safe space for young people to share experiences, build resilience and find support from others who understand.

<https://www.nar-anon.org/find-a-narateen-meeting>

Alateen Support Meetings

Support for teens impacted by alcoholism in the family. Alateen meetings help young people learn healthy coping skills while connecting with peers facing similar challenges.

<https://al-anon.org/newcomers/teen-corner-alateen/>

Support Meetings for Families

Al-Anon Support Meetings

Peer support groups for family members and loved ones of individuals struggling with alcoholism. Meetings focus on healing, understanding and learning how to support recovery while caring for yourself.

<https://al-anon.org/newcomers/teen-corner-alateen/>

Nar-Anon Family Groups

Support for families and friends affected by addiction. Nar-Anon provides guidance, encouragement and community connection for those navigating the challenges of loving someone in recovery.

<https://www.nar-anon.org/find-a-meeting>

Local Community Support Services

Gloucester County Prevention Program, Acenda

Services include mental health support, crisis services, parenting support, family-focused therapy, recovery services and residential programming for children, families and individuals across our communities.

<https://acendahealth.org/programs/gloucester-county-prevention-program>

Cooper Center for Healing

Walk-in mental health support available.

Monday to Friday, 1:00 PM to 4:00 PM

800 Cooper Street, 4th Floor

Camden, NJ 08102

Phone: 856.342.3040

<https://www.cooperhealth.org/services/center-healing>

Mental Health Support and Peer Meetings

NAMI Connection, National Alliance on Mental Illness

Peer-led mental health support groups for individuals seeking connection, encouragement and understanding.

<https://www.nami.org/program/nami-connection/>